



To offer a professional ECYD experience, seeing ECYD as the Regnum Christi charism lived by adolescents, through specialized professional development in accompanying today's adolescent in their integral formation in the line of the New Evangelization.

What should you expect? Professional development in themes related to the application of our charism in youth work, ECYD - given in five "weeks".

We are looking forward to seeing you: Sunday, February 3, to Thursday, February 7th, 2019 Please Register at: www.missionnetwork.com/ECYDweek Registration closes on January 4, 2019.

ECYD Week Please note: Each needs а minimum number participants to operate, if there is insufficient registrations by Dec. 1st, 2018, the event will be canceled. Please do not make travel arrangements until you receive confirmation email from Maria Knuth at mknuth@regnumchristi.net





Week 4: Adolescent Development and Current Issues Part 1

Goal: Update and enrich the understanding of the adolescent today by looking more closely at current issues in the different dimensions of development particularly focusing on the psychological/affective, cognitive and physiological dimensions of the adolescent. Deepen in the Psychological and Pedagogical backdrop to our Youth work as one of the fundamental guidelines to formation in ECYD.

In this third week, we will follow a similar dynamic as lived in Weeks 1-3 that allows everyone to be able to align and deepen their understanding of the adolescent so as to continue reaching the current needs of young people with our charism in the North American Territory. The dynamic will vary to the content imparted but will include conferences, panels, case studies etc.

Themes:

Physiological Development: The Biological Element of

Adolescent Health

Psychological Development: Themes similar to Self- Discovery Identity and Self-Worth; Sexual/gender identity in a world of gender confusion, Recognize and Refer - Detecting the Signs – Cutting, Eating Disorders, Depression and Anxiety, and Addictions; Affective Development; etc.

Cognitive Development: Adolescent brain development and different Influences on cognitive health



When and Times: Feb. 3-7, 2019

Arrive to St. Anne's Retreat Center – Sunday, February 3rd, before 8:00 pm (*Note: dinner will NOT be provided on Sunday*) and departing Thursday, February 7th, after 2:00 pm. Sorry, there are not accommodations for early arrival or staying later.

Where: St. Anne Retreat Center, 5275 Saint Anne Drive, Melbourne, KY 41059 *Please note the new location*.

Transportation: Each participant is responsible for their own transportation to and from St. Anne Retreat Center. The closest airport is Cincinnati/Northern Kentucky International Airport (CVG). The retreat center is approximately 25 minutes from the airport.





\$590 if registered and paid in full by Dec. 1, 2018 (\$690 after Dec. 1, 2018)

Discount for Religious/ Consecrated/ Seminarians (**\$520**) if registered and paid in full by Dec. 1, 2018 (\$620 if registered after Dec. 1, 2018)

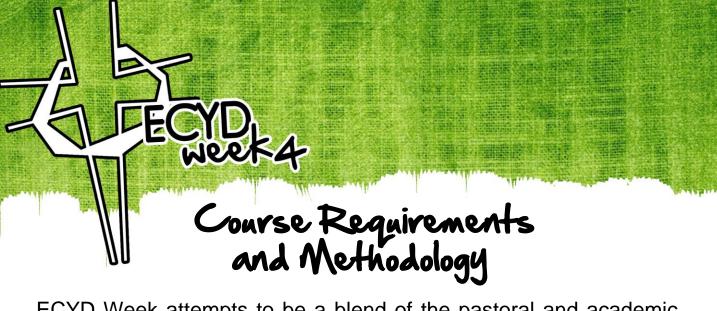
Optional: Sign up for the related DMU Certificate Course that goes along with the theme of ECYD Week 4, *Pornography Addiction and Recovery Awareness* by selecting this option on the online registration form. The group rate will be applicable if 10 or more participants sign up for this option. This would be an **additional \$110**.

Note: This is a huge savings as most DMU certificate courses on their own run from \$400 to \$600) We cannot guarantee this rate as the possibility of this option will depend on the number of participants who choose this option. If there are less than ten, the group rate is not applicable and each participant will be responsible for signing up on their own for the DMU certificate course at https://online.divinemercy.edu/

Cancellation and Refund Policy

A fourteen (14) day notice is needed for cancellation due to the retreat center policies. After 14 days, partial refunds may be available if spaces can be filled. In addition, whenever a refund is given a \$60.00 handling fee will be subtracted.





ECYD Week attempts to be a blend of the pastoral and academic, an effort to interplay the mind and the heart. They will consist in formative "Pillars", workshops, small group discussions and dynamics, encounters, synthesis and reflection exercises, striving to offer in-depth content through relevant existential experiences. We will strive to offer the framework of the Identity and Mission of ECYD through the charism, the philosophical principles and pedagogical approach of the ECYD Formative style, the pedagogical and psychological depth of our youth work, and the pastoral application over the five "weeks."

The following requirements are necessary to successfully complete each week:

- One week of on-site training and classes
- Reading and brief paper on 2 required reading books
- Successful completion of the ECYD Week assignment
- One assessment/practicum
- Optional Related Theme
 DMU Certificate Course –
 see above explanation

